



Certificate of Workshop Participation

This is certified that

Hooriyeh Soleimani Yeganeh

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Fatemeh Alavian

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Hadis Kadkhodaei Elyavarani

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Maryam Asgari

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Parmis Kazemi

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Melika Safarzadeh

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Elahe Hatami

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Iman Hatami

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Binazir Azizi Dehbokri

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that
Shaghayegh Azizi

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Mohamadreza Golvari

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Maryam Khakpoor

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Negar Rezaei

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Somayeh Azizi

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Hooman Parsa

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Ava Feyzi Sani

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Kimiya Ranjdost

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Yeganeh Aghajani

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Hananeh Shirmohammadi

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Mohammadreza Jaafari Nadoshan

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Yasaman Kouroshnia

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Fatemeh zahra Aslani

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Maryam Menatian

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Seyed Ali Refaei

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Setare Najmee

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Anahita Taherian

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Fatima Boochani

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Fatemeh kie

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Mohammadhosein Abbasi rostami

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Fatemeh Mohammadhoseini Taheri

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Rozhin Sadat Fatemi Garakani

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Reyhane mallah

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Mostafa Kashfi Ashtinay

has participated in one-hour workshop entitled *"Dietary interventions and nutritional strategies for menopausal health"* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026



Certificate of Workshop Participation

This is certified that

Shahrzad Hajizadeh

has participated in one-hour workshop entitled *“Dietary interventions and nutritional strategies for menopausal health”* held by the Student Research and Technology Committee of the Faculty of Nutrition and Food Sciences of Semnan University of Medical Sciences.

Dr.Mirmikaeil Moosavi

Head of student research & technology committee
of faculty of nutrition & food sciences of Aradan

Dr.Hadi Ghaffari

Head of student research & technology committee
of Semnan university of medical sciences



1405/ORD/27
MAY/17/2026